

**Parenting**  
**Mel Osborne**  
**Senior Parenting**  
**Practitioner**



# About me

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- 16 Years in the role
- Based at The Arc
- Bolsover District Council since 2004
- Background in Community Safety and Youth Offending
- Masters degree in Criminology and Bachelor honours degree in Applied Social Sciences

# “Good enough” parenting

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# Link between negative parenting and ASB

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- Many research studies have confirmed the link between negative parenting and child antisocial behaviour.
- Implications are that it is appropriate to offer parents parenting programmes and one to one support.
- These have been shown to reduce coercive parenting practices, improve positive parenting, and reduce child antisocial behaviour from age two onwards.



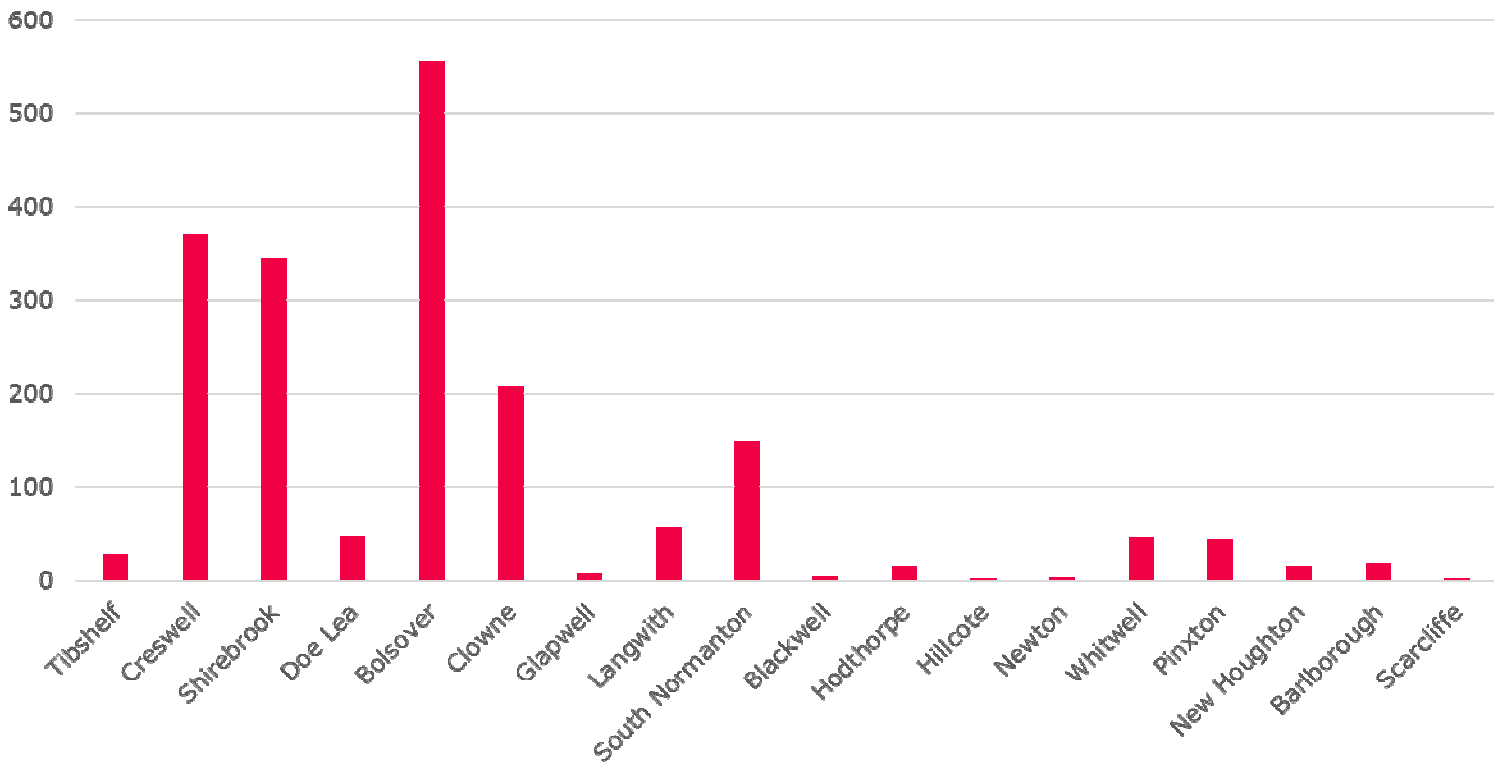
## Service provided

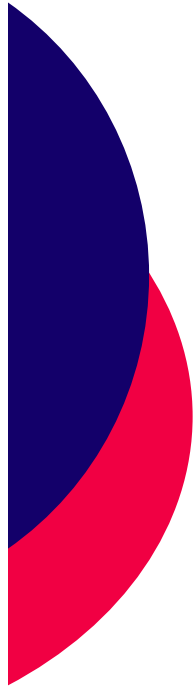
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- Bolsover District Council have provided parenting services since 2006
- Demand for service has been consistently high with over 1800 referrals to date and over 70 parenting courses delivered.
- Due to the success of the service we also offer in North East Derbyshire

# Where?

2006 to 2022





# Referrers

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- ASB Team
- Police
- Social Care
- IDVA
- Schools
- P4YP
- Early Help Teams



# Breaking the cycle

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- **Family risk factors** include poor parental supervision and discipline, family breakdown, low income, poor housing, significant bereavement, history with drugs and alcohol, mental health issues, domestic violence, history of criminality. All of these contribute to trauma children soak up what's around them; even if it's non-verbal, an atmosphere of intense anxiety or fear at home.
- **School risk factors** include low achievement beginning in primary schools, excluded or not attending school, bully or victim of bullying, safeguarding issues and additional needs.
- **Community risk factors** include living in a disadvantaged neighbourhood, community neglect, and a lack of social investment.
- **Risk factors relating to individuals/peers** include isolation and friends being involved in problem behaviour.





# Improving protective factors

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- **Social bonding** means the strengthening of attachments between children and family members, friends, teachers and other socially responsible adults.
- **Healthy values** refers to having parents, teachers, community leaders and others who lead by example, and have clearly stated expectations for children's behaviour.
- **Opportunities for involvement** is about giving children the chance to feel involved and valued in their families, schools, and communities.
- **Social and learning skills** entails equipping children with the social reasoning and practical skills they need to take advantage of opportunities on offer.



# How we do this (support offered)

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- One to one home visits
- Parenting courses
- Supporting parents to complete Education Healthcare Plans (preventing school exclusion)
- Supporting parents to access Child Mental Health Services (breaking the cycle of risk)
- Supporting parents on child protection plans (preventing family breakdown)
- Supporting parents with housing applications (preventing homelessness)



## Continued.....

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- Attending CRE panels (identifying children at risk of criminal and sexual exploitation)
- Supporting parents to access services and finances for child disabilities (preventing social and financial isolation and feeling involved)
- Completing risk identification checklists for domestic abuse victims (breaking the cycle of risk)
- Liaising and signposting to other agencies (improving protective factors and breaking the cycle of risk)

# Testimonial

