



Bolsover

District Council

Physical Activity and Sports Development Team Report 2022



Introduction

The Physical Activity and Sports Development Team are based at the council headquarters in Clowne and comprise of 27 members of staff, which include three officers and four school sports coaches plus casual Activity Leaders and Activity Assistants.

The programmes and sessions that we offer support and improve the physical health of individuals and families as well as improving mental health and help combat social isolation and loneliness. We offer activities to children and young people, adults and older adults, encompassing all age ranges.

We offer support to the Districts Parish Councils, sports clubs, community groups and associations and deliver a programme of physical exercise and sport within schools to support them in providing children with physical activity opportunities.

In the early months of 2021 the coronavirus pandemic and subsequent lockdown meant that the team were unable to deliver any provision and the number of both adults and children being physically active across the county reduced considerably. However, as we enter 2023, the hard work of the team within the District has helped the figures

return to pre pandemic levels in a short space of time.

With a new District Physical Activity and Sports Development Strategy to be produced in line with the recent strategies from both Sport England and Active Derbyshire, we hope to see this upward trend continue into 2023 when we will see physical activity offer the opportunity for;

People – to become healthier, happier and more fulfilled.

Communities – to feel safer, to become more inclusive and connected

Society – to become more equal, with resources invested in the right places

Environments – to become less polluted and better appreciated by communities.

This report details some of our key work streams and achievements over the last calendar year.

Should you have any questions or would like any further information please do not hesitate to contact Wayne Hatton, Physical Activity and Sports Development Manager on 01246 242362 or mail wayne.hatton@bolsover.gov.uk

Equalities Statement

Bolsover District Council is committed to equalities as an employer and when delivering the services it provides to all sections of the community.

The Council believes that no person should be treated unfairly and is committed to eliminating all forms of discrimination, advancing equality and fostering good relations between all groups in society.

Access for All statement

You can request this document or information in another format such as large print or **language** or contact us by:

- **Phone** - 01246 242424
- **Email** – enquiries@bolsover.gov.uk
- **BSL Video Call** – a three way video call with us and a BSL interpreter. It is free to call the Council with [Sign Solutions](#) or call into one of our Contact Centres.
- Call with [Relay UK](#) via textphone or app on **0800 500 888** - a free phone service
- **Visiting** one of our [offices](#) at Clowne, Bolsover, Shirebrook and South Normanton

Super Tots

Our early year's physical activity programme has been running since 2014 for children from 18 months through to six years, our programme is made up of Mini Movers, Inflatable Fun, Football Fever and Balanceability.

Research shows that children who start to participate in physical activity from an early age are more likely to continue to participate into adulthood and lead active lives so we aim to encourage and support young children to develop positive early physical activity habits through participating in early years specific activities.



Sports Splash Holiday Programme



- Total number of attendees in 2022 – 2,556

Our popular Sports Splash Holiday Programme is for children aged 6-13 years and takes place at Go! Active during every school holiday apart from Christmas.

In 2022 youngsters participated in a host of fun activities including swimming (8+ years) scooter boards, castle ball, dodgeball, table tennis and badminton to name but a few. They also had the chance to enjoy the soft play area and inflatable days.

HAF Holiday Activity Fund

- Funding received – £35,937.04
- Total number of attendees – 1,604
- Programmes at Bolsover, Pinxton, Creswell and Doe Lea

2022 has seen the continued delivery of the Holiday Activity and Food Programme (HAF), funded through the Department for Education. Working closely with Street Games we secured nearly £36,000 to support programmes in Bolsover, Pinxton, Creswell and Doe Lea seeing a total of 1604 attendances, up by over 50% on 2021. The programme seeks to address holiday hunger, inactivity, isolation and learning loss. The key outcomes of the programme are:

- Food – served in line with school meal standards
- Physical Activity – minimum of one hour per session / day for all young people
- Enrichment – fun, engaging, enriching activities for all young people

Children have participated in various sports and physical activities, had the chance to attempt the climbing wall, take on adventurous activities at Pleasley Vale Outdoor Activity Centre, play a round of crazy golf and have engaged in healthy eating activities.



You vs. Train Programme

- Funding received - £15,924.96
- Total number of attendees – 3,156

You vs Train is a rail safety initiative which highlights the dangers of trespassing on our railways.

Using sport as a tool to engage with young people, we help educate young people about the dangers of the railway through the interactive You vs Train website.

Working with Bolsover Partnership Team,



East Midlands Rail, Parish and Town Councils we have secured nearly £16,000 through the UK Shared Prosperity Fund to deliver sessions in Whitwell, Creswell, Whaley Thorns, Shirebrook and Bolsover. The programme will run until March 2025 and during this period young people will have opportunities to gain further education through rail apprenticeships and Sports Leaders Qualifications.

Sports Training and Education Programme (STEP)

In 2022 we offered Emergency Aid and Safeguarding workshops to individuals and coaches to support our sports clubs volunteers.

63 community coaches from Bolsover District and beyond attended the workshops increasing their knowledge or maintaining their current qualifications.

PE and School Sport Programme

Our PE and School Sport Programme has now been running in primary schools for the past six years and continues to go from strength to strength, leading to continued employment of four sports coaches.

14 schools bought in our services for the 2022/23 academic year, making good use of their PE and Sport Premium funding which they receive from the Government on an annual basis.

We are currently delivering a whole host of different sessions based on each schools individual needs. 32,432 pupils have been engaged by our coaches in a variety of breakfast, lunchtime and after school clubs as well as curriculum PE lessons.



Active Communities

Our Active Communities programme supports the Districts Parish Councils. It forms part of our outreach provision where the team deliver a range of activities and programmes for all sections of the community from Balanceability for tots, to Pick n Mix for the over 50's, Street Sports, to Party in the Dark, for women and girls. The aims of the programme are to:

- Raise the profile of sport, physical activity and leisure in the community
- Identify need and combat community issues
- Establish and sustain new clubs, groups and activities
- Increase participation
- Utilise and make better use of community facilities

This year has seen a wide variety of activities delivered within communities;

- Multi Activity Holiday Programmes

- Street Sports
- Football and cricket, sport specific camps
- Pick n Mix 50+ Social Activity Hubs
- Chair Dance Burlesque
- Tai Chi
- Yoga
- Love Parks Week
- Rounders
- Skipping Workshops
- Family Golf
- Frisbee Golf
- Nordic Walking

161 sessions have taken place with nearly 2,000 attendances. Some activities have been one off activities but many have been popular enough to be sustained and run independently, increasing the number of clubs/groups and the number of opportunities to take part in some form of physical activity.



Team Building

Initially the team delivered a team building session for our Contact Centre staff having been contacted by the Contact Centre Managers. A fun session was delivered highlighting the importance of communication and working well together as a team. The session was devised to support staff who work in the different Contact Centres at Clowne, Bolsover,

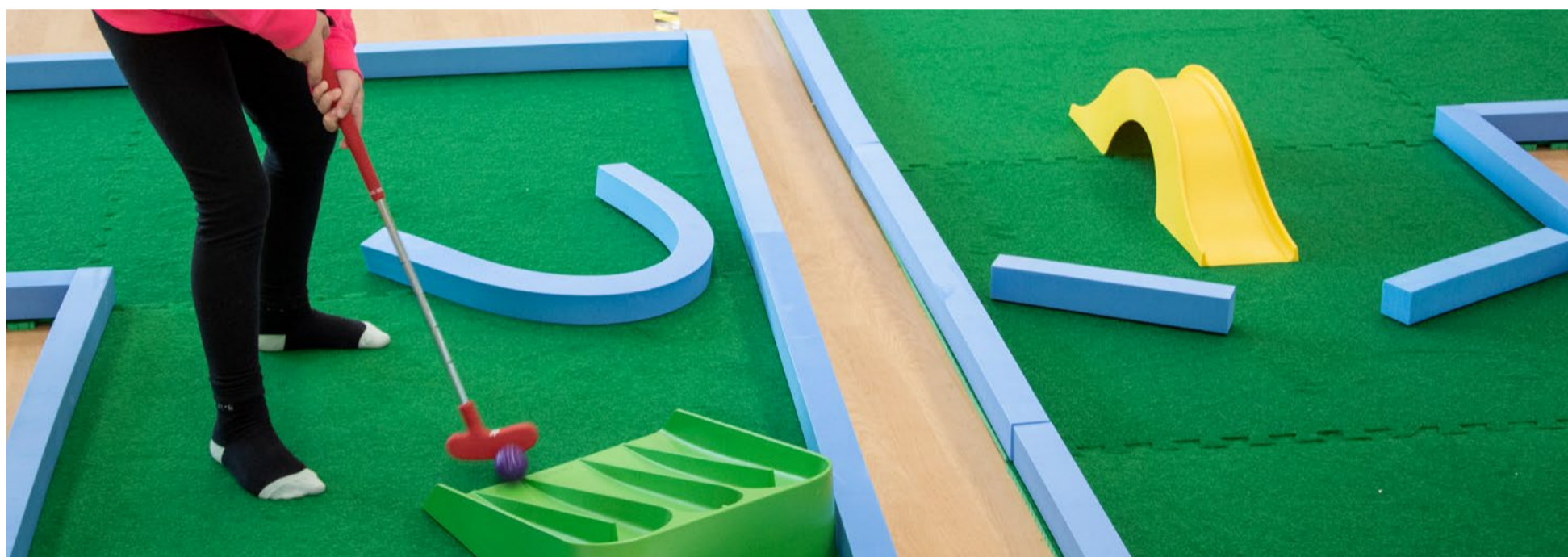
Shirebrook and South Normanton, to have a better working relationship as they sometimes have to cover and work with different individuals.

More recently team building sessions have been delivered to the Woodland Trust and internally to our Estates department.

Crazy Golf

The teams nine hole, portable crazy golf course which can be used both indoors and outdoors proved popular over the year

being used at fun days, galas, holiday clubs, schools and by the Scouts and Guides.



Sports Leadership and Employment Pathway

63 Sports Leaders Qualifications awarded

11 Sports Leaders Awards, awarded

8 employed as Activity Assistants

4 promoted to Activity Leaders

1 Activity Leader Promoted to School Sport Coach

Level 3 qualification and are all looking to progress to become employed as Activity Leaders on completion.

We have also seen four Activity Assistants promoted to Activity Leader positions and one Activity Leader promoted to School Sports Coach.

We are always looking to support the next generation of sports leaders and coaches. Along with the Bolsover District Active Schools Network our team deliver qualifications to secondary school students, helping to develop their confidence and leadership skills. This year 63 Year 11 students received a Level 2 Qualification in Sports Leadership and 11 students received Sports Leadership award certificates.

During 2022, eight Sports Leaders from our districts schools gained employment with us as Activity Assistants after completing the Sports Leaders Level 2 Qualification, for many their first chance of securing paid work. They have since enrolled onto the



3G Football Pitch Development

In May 2022, work on the new £684,000 3G pitch at Go! Active was completed and we partnered with the Districts clubs and organisations. We wasted no time in getting the ball rolling filling available time slots with competitive and recreational football.

Most bookings were immediately taken from local partner clubs, Chesterfield Football Club, Clowne Comets Junior Football Club, Barlborough Juniors Football

Club, Bolsover Town Football Club and North Derbyshire Youth Football League.

A management group was created, with all partner clubs, Derbyshire FA, the Football Foundation and ourselves giving everyone an equal say in how the 3G pitch is operated, how clubs and coaches can be further developed and how we can collectively increase participation for all, especially women and girls.



Active Ageing

We know the importance of promoting and supporting active ageing and since our Go! Active leisure facility opened we have been staging a number of sessions specifically targeted at individuals aged 50+ years, aimed at increasing physical activity and reducing social isolation.

Social Activity Hubs – featuring various low impact activities such as table tennis, bowls, boccia, shuffleboard, kurling and board games.

Badminton and Table Tennis – open sessions for individuals to be able to play these two popular sports.

Walking Football – a slower pace of the beautiful game.

Walking Netball – delivered by a local group of volunteers called Arc Angels.



Not only but also

- Provided ongoing support for a proposed new community pavilion at Shirebrook Cricket Club
- Highlighted funding opportunities to clubs, groups and associations often supporting them to make applications
- Continued the provision of the 5 o' clock club for 4-16 year olds twice a week to help develop the household membership offer
- Began the process of investigating and researching the possible provision and development of the game of Petanque (French Boules) in the District.
- Provided club development support to 32 clubs, groups and associations
- Supported the Louise Smalley Walk in delivering women only walks and in staging their annual 40 mile, charitable challenge walk.
- Began the process of looking at alternative uses for the former sand based astro turf football pitch at Go! Active.
- Supported the development of facilities at Shirebrook Cricket Club (synthetic wicket, sight screens, ball stop netting, rain covers)
- Supported the establishment of two new cricket clubs to make use of Castle Leisure Park Cricket Ground.
- Made nine nominations to take part in the Queens Platinum Jubilee Baton Relay leading up to the Commonwealth Games. All worthy nominations from within the District

