

WHAT ARE WE DOING?

Community Cohesion Project

The Community Cohesion Project aims to promote a joined up approach to tackling community cohesion issues, predominantly in Shirebrook but also other areas of the district affected by an influx of Eastern European migrants working at Sports Direct, by working in partnership across and for the benefit of all stakeholders. The project has a wide range of funding partners including Bolsover Partnership, Bolsover District Council, Derbyshire Constabulary, Community Safety Partnership, Derbyshire County Council and Hardwick Clinical Commissioning Group.

Outputs/outcomes between April 2016 and March 2017:

- 68.3% increase in the number of people accessing services to improve their health (from a baseline of 700 in April 2015 to 1178 in March 2017. The Community Cohesion Officer (CCO) continues to hold weekly drop-in sessions at Shires Health Centre
- 7 community engagement events, against a target of 3
- As at the end of January 2017, there was a 23.3% decrease (-165 CFS) when compared with the previous 12 months (545 CFS, Jan 17 compared with 710 CFS, Jan 16)
- The number of ASB calls for service received by the Police in respect of Shirebrook SNT area for the three month period November 2016 to January 2017 saw a 32% decrease (-48 CFS) when compared to the same three month period in 2016 of 150 CFS.

The Partnership has been successful in securing funding for a Building Resilience Programme, following the excellent work of the NG20 Partnership over the last two years. This will focus additional resources in the Shirebrook area and will provide a legacy to the work of the Community Cohesion Project.

Case Study

This case study is about a man who is a 30 year old Polish national. Z suffers from significant mental health problems and has been in specialised mental health accommodation for the last two years. Doctors who manage Z's case decided that he was well enough to return into the community and he was offered a place at the Lighthouse Project based in Shirebrook.

Z does not speak any English and the transition from the supported mental health accommodation back into to the community was very daunting. The CCO was asked to assist with communication between Z and the Lighthouse Project. The CCO met Z and found he was very scared and anxious about the move into Shirebrook. Also, he had many meetings with Doctors, Social Workers and staff from the Lighthouse Project to attend and he found this particularly difficult owing to the fact he spoke no English.

The CCO stepped in at this point and offered support to Z in his meetings with her translation skills and experience. During one of the meetings it was discovered that Z's documents were not current; his National ID card in particular was out of date and, as a Polish national it is essential that this document is current. The CCO worked with Z to organise a new card through her contacts at the Polish Embassy in Manchester.

The CCO has worked with Z to ensure that he is claiming all the benefits he is entitled to as a result of his mental health problems. As a result of this help, Z now receives PIP (Personal Independence

Payment) and ESA (Employment and Support Allowance) benefits which means he can live independently.

After many meetings with Doctors and Social Workers and with the help of the CCO, Z has finally settled into the Lighthouse Project. He is becoming more engaged with his house mates and the community in general. Z comes on a regular basis to the Christian Centre to chat to the staff and the CCO and mixes with people from the community in the Centre.

Bolsover Wellness Plus

Bolsover Wellness is delivered by Bolsover District Council with Public Health Locality Funding. The key areas of activity under the programme include:

- Bolsover Wellness Programme GP Referral Scheme
- Phase 4 Cardiac Rehabilitation/COPD clubs
- Active/Working/Outdoor Confidence programmes
- Self help activity sessions
- Every step counts programme
- Active Lunchtimes
- Children's Wellness – Extreme Sports

Outputs/outcomes achieved April 2016 to March 2017:

- Bolsover Wellness – 699 patients referred, 212 completed the 12 week programme
- 11 GPs participating in the referral scheme
- Phase 4 Cardiac Rehabilitation – 104 patients referred and 288 hours of specialist support delivered
- 676 chair based exercise sessions delivered and 8,482 attendances
- 2 Active Confidence programmes delivered benefiting 20 people
- 18 clients benefiting from specialist therapy
- 18 clients attending outdoor pursuits activities
- Active Lunchtimes - 62 supervisors were trained to Play Leaders so they are able to engage a wider number of pupils in physical education activities; and 31 schools achieved the Schools Games Marks
- Children's Wellness - 40 Extreme Wheels sessions with 1224 attendances; and 26 Pleasley Vale Outdoor Activity Saturday sessions with 252 attendances

Case Study – Bolsover Wellness

"The Bolsover Wellness Programme has helped me maintain my independence as well as improve my limited mobility that I have been left with after several strokes. For the last two years I have been unable to flex my foot properly and the chair based classes have helped to now be able to achieve this.

The class environment is a warm and welcoming one which encourages and supports each person individually. We know we are in safe and knowledgeable hands with the staff that are always there to offer advice. I would not have had the confidence to attend a private class and would have been concerned about the instructor being able to cater for my needs but I am happy to recommend the Wellness Programme and I am glad the doctor referred me.